



organizer of all Running
Camp activities:
TTS srl Aosta



COME AND DISCOVER THE HEART OF
KENYAN RUNNING IN AFRICA'S WILD HEART



RUNNING CAMP IN KENYA

WITH COACH TIMO LIMO
Departures from Italy and worldwide



**CONTACT US FOR ALL
THE DETAILED INFO!**

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ARE YOU READY FOR THE EPIC RUNNING EXPERIENCE OF A LIFETIME?

JOIN US ON THE EXCLUSIVE RUNNING CAMPS IN KENYA

Have you ever dreamt of running across amazing routes surrounded by stunning scenery in the magical lands of the legendary African champions?

Jump on board with us and we will take you to the real Heart of Kenyan Running in Africa's Wild heart, the Great Rift Valley, for an authentic sport and cultural immersion in the vibrant traditions of Kenya, the enchanting East African gem.

GENERAL PROGRAM FOR ALL CAMPS:

Friday: Departures from home countries.

Saturday: Arrival by air in Kenya at Eldoret International Airport - transfer to the town of Iten, Home of Champions where the guests will be accommodated at Kerio View Lodge, the best hotel in the surrounding area.

During the 14-day camp you will enjoy:

- daily running sessions in the stunning captivating landscapes of Elgeyo-Marrakwet county;
- daily training sessions with Coach Timo Limo and his team of local pacers;
- cultural immersion in the traditions of the tribes where the world's fastest runners come from, meetings with worldwide known Kenyan athletes and coaches for an unforgettable highly inspiring experience.

Departures from Iten to home countries to be schedule on Saturdays.

THE DATES FOR A CHAMPION-LIKE 2025:

WINTER 2025

- Running Camp - from 27/12/24 to 11/01/25
- Running Camp - from 10/01/25 to 25/01/25
- Running Camp - from 31/01/25 to 15/02/25

SUMMER 2025

- Running Camp - from 11/07/25 to 26/07/25
- Running Camp - from 01/08/25 to 16/08/25
- Running Camp - from 15/08/25 to 30/08/25



**PRICE FOR THE 14-DAY CAMP:
650€**

"The Heart of Kenyan running" package includes:

- all sports activities scheduled during your stay in Iten;
- daily training sessions with Timo Limo and his team of local pacers;
- daily assistance on-site for the whole duration of your stay.

WE CAN SPEAK ENGLISH, ITALIAN AND FRENCH!

CONTACT US TO GET THE PRICE OF YOUR FAVOURITE ROOM AT KERIO VIEW LODGE ON A FULL-BOARD BASIS!

WOULD LIKE TO EXTEND YOUR STAY FOR MORE DAYS? THAT'S POSSIBLE WITH US! ENQUIRE NOW FOR ALL THE BEST OPTIONS

EXCLUSIVE OFFERS AVAILABLE UNTIL 31/12/2024 ONLY FOR THE PARTICIPANTS TO "THE HEART OF KENYAN RUNNING" CAMPS



TIMO LIMO

